



Elementary School Menu

December 2018

3
No School!

4
National Cookie Day

Pizza Dippers w/ Sauce
Egg and Cheese Sandwich
Turkey & Cheese Sub
Fruit & Cheese Plate

Hummus, Celery, Salad,
Banana, Peaches, 100%
Fruit Juice, **Cookie**

5
National Comfort Food Day

Popcorn Chicken Bowl
Bosco Sticks w. Marinara Sauce
Vegetable Hummus Wrap
Taco Salad

Mashed Potatoes, Mixed
Vegetables, Cauliflower,
Apples, Pears, 100% Fruit
Juice

6
Three Cheese Calzone
Walking Tacos
Muffin, Cheese & Yogurt
Popcorn Chicken Salad

Refried Beans, Carrots,
Salad, Hummus,
Applesauce, Craisins, Fruit
Cocktail

7
Lucky Tray Day!

Mini Corn Dogs
Chicken Patty Sandwich
Three Cheese Wrap
Ranch Chicken Salad

Broccoli, Carrots, Salad,
Grapes, Fruit Cocktail,
100% Fruit Juice

10
Chicken Nuggets
Grilled Cheese w. Tomato
Soup
Ham & Cheese Wrap
Chicken & Cheese Salad

Tater Tots, Steamed
Broccoli, Salad, Orange,
Fruit Cocktail, 100%Fruit
Juice

11
Cheese Pizza
Sweet & Sour Chicken w.
Rice
Turkey & Cheese Sub
Fruit & Cheese Plate

Roasted Veggies, Red
Peppers, Hummus,
Strawberries, Pears, 100%
Fruit Juice

12
Lucky Tray Day!
Chicken Patty Sandwich
Omelet w. Pancakes (WG)
Vegetable Hummus Wrap
Taco Salad

Hash Brown, Salad, Green
Beans, Warm Apple Slices,
Peaches, 100% Fruit Juice

13
Cheeseburger
Pizza Dippers w/ Sauce
Muffin, Cheese & Yogurt
Popcorn Chicken Salad

Refried Beans, Carrots,
Salad, Hummus,
Watermelon, Applesauce,
100% Fruit Juice

14
Hot Dog
Mac & Cheese
Three Cheese Wrap
Ranch Chicken Salad

Green Beans, Cucumber,
Salad, Apricots, Fruit
Cocktail, Blueberry Cup

17
Walking Tacos
Cheeseburger
Ham & Cheese Wrap
Chicken & Cheese Salad

French Fries, Broccoli,
Salad, Orange, Fruit
Cocktail, 100% Fruit Juice

18
Pizza Dippers w/ Sauce
Chicken Drumstick w. Rice
Turkey & Cheese Sub
Fruit & Cheese Plate

Butternut Squash, Red
Pepper Strips, Salad,
Hummus, Banana, Pears,
100% Fruit Juice

19
Cheesy Pizza Slice
Chicken Tenders w/ Rice
Vegetable Hummus Wrap
Taco Salad

Carrots Coins, French
Fries, Cucumber Slices,
Apples, Fruit Cocktail,
Strawberries

20
Grilled Cheese w. Tomato
Soup
Spaghetti w/ Meatsauce
Muffin, Cheese & Yogurt
Popcorn Chicken Salad

Refried Beans, Celery
Sticks, Salad, Hummus,
Blueberries, Applesauce,
100% Fruit Juice

21
Lucky Tray Day!

Chicken Patty Sandwich
Mini Corn Dogs
Three Cheese Wrap
Ranch Chicken Salad

Mixed Vegetables, Salad,
Carrots, Grapes, Fruit
Cocktail, 100% Fruit Juice

24
***We use BPA
Free trays to
serve your
student**

25
***Any canned
fruit used is in
light syrup**

26
****All salads are
served with a
whole-grain Roll!
PB&J Sandwiches
are available daily**

27
**All Snacks meet
the general
nutrition
standards
established by
the USDA**

28
***All products
including Fries
are always
baked**

***Products we
use have Zero
Trans Fats**

***Aramark
serves locally
sourced fruits
and vegetables
when available**

***Aramark
offers Six
fruits and
vegetables
daily. Juice is
100% Juice**

***All grains
served are
Whole Grain
Products**

Food Items may be
manufactured in a facility
that contains peanuts & tree
nuts. Aramark does not
intentionally add any
peanuts or tree nuts to food
that is on the menu unless
otherwise noted.

**Join us every day for our Morning Snack Pack served
from 8:45-9:15! Each meal comes with a Milk and a
Juice! Students can eat it for breakfast OR save it for
later! If you qualify for Free or Reduced Lunch, you also
qualify for Free or Reduced Breakfast! Price: \$1.40**

Lunch Accounts: Payments can be made online or by sending cash
or check with your student. Lunch: \$2.30, Reduced \$.40, Adult: \$4.50
(does not include milk). Milk: \$0.30

Milk: 1% White, Skim White and Skim Chocolate are offered daily.

Whole Grains: All bread served is whole grain rich!

*Contains Pork

*Menu is Subject to change without notice