



# JANUARY

2019

## High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>Chicken Drumstick w Rice</b> Vegetable Hummus Wrap Taco Salad Green Beans, Roasted Vegetables, ♥Arcadian Blend Salad, ♥ Baby Carrots, ♥ Banana, Juice 100%	Cheese Quesadilla w Salsa (Muffin, Cheese, Yogurt) Popcorn Chicken Salad Refried Beans, ♥ Celery ♥Carrots, ♥Salad, ♥melon, Berry Cup	Walking Tacos Three Cheese Wrap Ranch Chicken Salad Steamed Broccoli, ♥Tomatoes, ♥Salad, Mixed Fruit, ♥Apple, Juice 100%
<b>7</b> <b>Fuel: Chili Feast- Walking Taco- Cheesy Bread Chili Jan 2<sup>nd</sup>-11th</b>				
<b>Big Daddy Pizza</b> *Ham & Cheese Wrap <b>NEW</b> Yogurt, Fruit & Granola Pack Tater Tots, Green Beans, ♥Lettuce, ♥Orange Slices, Fruit Mix, 100% Juice	Cheesy Bocso Sticks/Sauce Turkey & Cheese Sub Fruit & Cheese Plate Rstd Red Peppers, ♥Carrots & Jicama, ♥Apple, Pears, 100% juice	<b>Gyro on WG Flatbread</b> Vegetable Hummus Wrap Taco Salad French Fries, Green Beans, ♥Salad, Grape Tomatoes, ♥Banana, Peaches, 100% Fruit Juice	Chicken Nuggets (Muffin, Cheese, Yogurt) Popcorn Chicken Salad Santa Fe Rice, Refried Beans, ♥Celery Stks, ♥Salad, ♥Melon, Applesauce, 100% Juice	Mini Corn Dogs Three Cheese Wrap Ranch Chicken Salad Ranch Chicken Salad Mac& Cheese, Green Peas, ♥Squash, ♥Salad, Fruit Cocktail, Berry Cup, 100% Juice
<b>14</b> Twin Tacos w. Rice *Ham & Cheese Wrap <b>NEW</b> Yogurt, Fruit & Granola Pack Corn, ♥Salad, ♥Cherry Tomato, Strawberries, Pears, 100% Juice	Spaghetti & Meatballs / Brd Turkey & Cheese Sub Fruit & Cheese Plate Green Beans, Roasted Red Pepper strips, ♥Celery ♥Salad, ♥Orange, Mixed Fruit,	BBQ Pork on Ciabatta Bun Vegetable Hummus Wrap Taco Salad Steamed Carrots, ♥Salad, ♥Cucumbers, ♥Banana Peaches, 100% Juice	Cheeseburger on Bun (Muffin, Cheese, Yogurt) Popcorn Chicken Salad Mashed Potatoes, Corn, Three Bean Salad, ♥Melon, Mixed Berries, ♥Apple	Hot Dog on Bun Three Cheese Wrap Ranch Chicken Salad Baked French Fries ♥Raw Broccoli, Steamed Carrots, ♥Spinach Salad, Hummus, ♥ Kiwi
<b>21</b> Looking for a part time or substitute position? <b>ARAMARK is hiring! No nights, no weekends, no holidays. Call Pam at 262-238-5648 for more information.</b>	Bosco Sticks/ Sauce Turkey & Cheese Sub Fruit & Cheese Plate French Fries, Roasted Red Peppers, ♥Cucumber, ♥ Salad, Berry Cup, Pears,	<b>Buffalo Chicken Drumsticks</b> Veggie Hummus Wrap *Ham & Cheese Wrap Green Beans, ♥ Carrots, ♥Salad, ♥Oranges, Strawberries, 100% Juice	Popcorn Chicken Bowl (Muffin, Cheese, Yogurt) Popcorn Chicken Salad Mashed Potatoes, Corn, Three Bean Salad, ♥Melon, Berries, ♥ Apple	<div style="border: 2px solid blue; border-radius: 50%; padding: 10px; width: 150px; margin: 0 auto;"> <p>We Serve Tyson Chicken Products</p> </div> <div style="border: 2px solid blue; border-radius: 50%; padding: 10px; width: 150px; margin: 10px auto;"> <p>All Rice Served is Brown Rice</p> </div>
<b>28</b> National Pancake Day Pancakes w. Blueberries *Ham & Cheese Wrap <b>NEW</b> Yogurt, Fruit & Granola Pack Hash Brown Patties, Steamed Carrots, ♥Salad, ♥ Orange Slices, Mixed Fruit, 100% Juice	Pepperoni Pizza Turkey & Cheese Sub Fruit & Cheese Plate Green Beans, Roasted Red Peppers, ♥ Salad, ♥ Tomato wedges, ♥ Apple, Diced Pears	Ravioli / Sauce/ Garlic Bread Veggie Hummus Wrap Taco Salad Tater Tots, ♥Salad, ♥Baby Carrots, ♥Banana, Peaches, 100% Juice	Chicken Tenders/ Rice (Muffin, Cheese, Yogurt) Popcorn Chicken Salad French Fries, Refried Beans, ♥Celery, ♥Carrots, ♥Salad, ♥ melon, Berry Cup	

**Special News...**  
**More Info...**  
**WE SERVE BREAKFAST EVERY MORNING!**  
 JOIN US AT OUR SNACK CART WHEN YOU COME INTO THE BUILDING. GRAB A BREAKFAST TO FUEL YOU THROUGH THE DAY! CAN'T WAIT TO SEE YOU THERE!

**\*\* All salads are served with a whole-grain Roll!**  
**\*\*PB&J Sandwiches are available daily**

Food Items may be manufactured in a facility that contains peanuts & tree nuts. Aramark does not intentionally add any peanuts or tree nuts to food that is on the menu unless otherwise noted.  
 Menus are subject to change without notice.

**Please Note: We offer 6 fruits and vegetables daily. ♥ indicates Whole Fresh Variety**

Lunch Accounts: Payments can be made online or by sending cash or check with your student. Lunch: \$2.55, Reduced \$0.40, Adult: \$4.50 (does not include milk). Milk: \$0.30

\*Contains Pork *This Institution is an equal opportunity provider.*

Questions  
 Please contact  
 Food Service  
 Director  
 Pam Janotta  
 262-238-5648

